

# Sports Premium



Calmore Junior School

2022/23



At Calmore Junior School, we see physical activity and health as very high priority. Children will enjoy physical activities using a range of skills in dance, gymnastics, swimming and games. They will also understand the value of physical activity and the development of personal responsibility for one's own health and wellbeing.

### **The School's Education Programme will:**

- Promote healthy growth, development and a positive attitude towards health and wellbeing.
- Engage all pupils in regular physical exercise
- Raise the profile of PE & sport across the school
- Increase the confidence, knowledge & skills of all staff in teaching PE & sport
- Broaden the range of sports on offer to all children
- Develop and improve skills in all areas of the physical education curriculum
- Develop the ability to control and co-ordinate body movements expressively and creatively
- Develop a sense of enjoyment and well-being through both involvement and achievement in sport
- To promote social skills including teamwork, leadership and good sportsmanship
- Increase participation in competitive sport
- Develop a sense of team

### **Sports Grant**

We are currently receiving £17, 900 (Sept 2022 to Aug 23) sports grant to develop sport in the school. We are using this money in the following ways:

- Continuing professional development for teachers
- Access to competitions through New Forest Sports Partnership \*
- Specialist coaching for children weekly in PE lessons
- Running a sponsored fun run
- Specialist PE training from New Forest Sports Partnership \*
- Links to Sports Clubs in the Community \*
- Links with AFC Totton-football & cricket training at the ground
- Access to yearlong competitions organised by the Sports Partnership \*
- Access to training through the Sports Partnership\*
- Access to other sports coaches through the Sports Partnership

\* Subscription to New Forest Sports Partnership £1800.00

**The impact of last year's money this has been (Sept-July) -**

## Staff are better trained to teach PE

- Children are developing better skills because of better coaching from sports coaches
- Focus on inactive children over the year has increased participation in clubs
- The employment of specialist coaches to work alongside staff- increase staff knowledge.
- Increased participation at Competitions- entered into the Hampshire Games for the first time
- Increased participation in clubs in all year groups
- More variety of sports clubs

## We promote physical education and health by:

- Running a wide range of clubs
- All children have 2 hours PE a week
- Children take part in regular inter-year competitions
- Annual competitive sports day
- Swimming lessons
- School Council led a healthy eating
- HCS3 Health Day
- Annual inclusive PE festival for years 3 and 4 and years 5 and 6
- Theme Days e.g. Keep Healthy Day
- Sports Relief includes physical activity and charity work
- Play leaders/ lunchtime leaders/ infant school leaders
- Sports Assemblies
- Health Education in PHSE and Science
- Promoting sporting events e.g. World Cup/Rugby World Cup/Olympics
- Promoting the drinking of water for health
- Healthy snacks at break time
- Strong Links with AFC Totton/ Calmore Community centre
- Annual Sponsored Run/ Santa Run etc
- Workshops
- Assembly themes

## We will sustain this approach to PE and sport by:

- Continued links with Testwood Sports College and other cluster schools
- Investing in programmes/ workshops that support mental health and wellbeing.
- Teachers continuing to work alongside specialist coaches
- Working to increase further competitive sport eg entering B and C teams
- Continued professional development

- Running school activities with other schools
- Training new staff as they join the school
- Maintaining the wide variety of after school sports clubs on offer

C. Ingram

July 22